

Dear Parents

We are applying for a grant from 'Gwynt y Môr Community Fund' to purchase equipment for school to deliver Rebound Therapy to our pupils. We have two trained rebound therapist at school who are ready to offer the service however we do not yet have the funds to purchase the equipment. Our grant application requires written statements from you to support our bid. We would therefore really appreciate it if you could write a letter or short statement explaining how your child could benefit from Rebound Therapy. I have attached some information below which explains the main benefits of Rebound Therapy. You may also like to visit the following website to view an informational video - <https://vimeo.com/208830135>

Yours faithfully

Mrs D Thorn

**Some of the benefits of Rebound Therapy include the developing and improvement of:**

- Strength of limbs
- Numeracy
- Patience
- Communication
- Co-ordination
- Independence
- Self-confidence
- Balance
- Muscle tone
- Reaction speed
- Self-image
- Eye contact
- Relaxation
- Freedom of movement
- Sense of achievement
- Stamina
- Spatial awareness
- Body awareness
- Social awareness
- Consideration of others
- Trust and confidence in Coach/Assistant
- Colour recognition
- Height and depth perception
- Fun and enjoyment

**Other benefits include:**

Stimulation of digestive system,  
Improved bowel function,  
Internal organ massage,  
Clearing of toxins from the body.

Please address letters to Mr Neil Pringle and send into school for us to submit with our forms.